

Weekly Menu at a Glance

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Breakfast						
Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice
Cheese Omelet	Breakfast Sandwich	Pancakes	Egg and Hashbrown Bake	Sausage Gravy	French Toast	Scrambled Egg
Blueberry Muffin	Oatmeal	Maple Syrup	Parsley Sprig	Parsley Sprig	Maple Syrup	Parsley Sprig
Margarine	Whole Milk	Orange Twist	Toasted English Muffin	Biscuit	Orange Twist	Toasted English Muffin
Grits	Hot Coffee Or Hot Tea	Margarine	Margarine	Grits	Margarine	Margarine
Whole Milk	Fruit Cup	Oatmeal	Oatmeal	Whole Milk	Oatmeal	Oatmeal
Hot Coffee Or Hot Tea		Whole Milk	Whole Milk	Hot Coffee Or Hot Tea	Whole Milk	Whole Milk
Bacon		Hot Coffee Or Hot Tea	Hot Coffee Or Hot Tea		Hot Coffee Or Hot Tea	Hot Coffee Or Hot Tea
		Sausage Patty	Fruit Jelly		Powdered Sugar	Fruit Jelly
Lunch						
Roast Turkey Breast	Maple Glazed Ham	Spaghetti & Meatballs	Citrus Chicken	Garlic Herb Pork Loin	Fish Taco	Chicken Parmesan
Turkey Gravy	Scalloped Potatoes	Green Beans	Buttered White Rice	Chopped Parsley	Black Beans and Rice	Chopped Parsley
Chopped Parsley	Sliced Beets	Garlic Bread	Seasoned Carrots	Buttered Red Potatoes	Tangy Cole Slaw	Buttered Penne Pasta
Mashed Potatoes	Breadstick	Apple Crisp	Wheat Dinner Roll	Broccoli Cuts	Shredded Lettuce and -	Buttered Zucchini
Broccoli Cuts	Citrus Gelatin	Whole Milk	Margarine	Wheat Dinner Roll	- Diced Tomato	Garlic Bread
Wheat Dinner Roll	Whole Milk	Hot Coffee Or Hot Tea	Lemon Pudding	Margarine	Orange Sherbet	Sugar Cookie
Margarine	Hot Coffee Or Hot Tea		Whole Milk	Strawberry Shortcake	Whole Milk	Whole Milk
Chocolate Cream Pie			Hot Coffee Or Hot Tea	Whole Milk	Hot Coffee Or Hot Tea	Hot Coffee Or Hot Tea
Whole Milk				Hot Coffee Or Hot Tea		
Hot Coffee Or Hot Tea						
Dinner						
Philly Cheese Steak Sub	Crab Cakes	Breaded Chicken Tenders	Pulled Pork Stuffed -	Vegetable Soup	Chicken Noodle Soup	Shepherd's Pie
Ketchup	Lemon Dill Sauce	Honey Mustard Sauce	- Potato	Trio Salad Plate	Turkey Sandwich on -	Tossed Salad
Orange Twist	Buttered White Rice	Macaroni Salad	Buttered Kernel Corn	Wheat Dinner Roll	- Wheat	Salad Dressing of -
French Fries	Wheat Dinner Roll	Marinated Cucumber -	Pineapple Tidbits	Margarine	Italian Tomato Salad	- Choice
Sauteed Peppers and -	Margarine	- Salad	Whole Milk	Sliced Peaches	Fruit Cocktail Cup	Mandarin Orange Cup
- Onions	Cinnamon Baked Apple	Rosy Pears	Hot Coffee Or Hot Tea	Whole Milk	Whole Milk	Whole Milk
Watermelon Cup	Whole Milk	Whole Milk		Hot Coffee Or Hot Tea	Hot Coffee Or Hot Tea	Hot Coffee Or Hot Tea
Whole Milk	Hot Coffee Or Hot Tea	Hot Coffee Or Hot Tea				
Hot Coffee Or Hot Tea						



Weekly Menu at a Glance

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Breakfast						
Scrambled Egg Wheat Toast Margarine Assorted Cold Cereal Fruit Jelly	Scrambled Egg Wheat Toast Margarine Assorted Cold Cereal Fruit Jelly	Scrambled Egg Wheat Toast Margarine Assorted Cold Cereal Fruit Jelly	Scrambled Egg Wheat Toast Margarine Assorted Cold Cereal Fruit Jelly	Scrambled Egg Wheat Toast Margarine Assorted Cold Cereal Fruit Jelly	Scrambled Egg Wheat Toast Margarine Assorted Cold Cereal Fruit Jelly	Hard Cooked Egg Wheat Toast Margarine Assorted Cold Cereal Fruit Jelly
Lunch						
Salisbury Steak Buttered White Rice Green Peas	Baked Chicken Thigh Buttered Egg Noodles Green Beans	Baked Pork Chop Buttered White Rice Buttered Kernel Corn	Fried Fish Mashed Potatoes Green Beans	Crispy Chicken Buttered White Rice Tossed Salad Salad Dressing of - - Choice	Beef Mushroom Steak Seasoned Roasted - - Potatoes Buttered Cauliflower	Peach Glazed Pork Chop Mashed Potatoes Broccoli Cuts
Dinner						
Fish Nuggets Buttered Spiral - - Tricolor Pasta Seasoned Carrots	Hamburger on A Bun Homemade Potato Wedges Lettuce, Tomato, Onion	Grilled Cheese on Wheat Tater Tots Tossed Salad Salad Dressing of - - Choice	Breaded Chicken - - Sandwich Mayonnaise Buttered Egg Noodles Cole Slaw	Beef Meatballs in Beef - - Gravy Buttered Penne Pasta Broccoli Cuts	Baked Pollock Rice Pilaf Green Peas	Grilled Chicken Buttered Egg Noodles Seasoned Carrots

